



Lakewood Ranch Community Activities (LWRCA) was created by Schroeder-Manatee Ranch, Inc. in the year 2000 to ensure Lakewood Ranch had a social structure for residents. LWRCA is a 501c not-for-profit corporation supported by Lakewood Ranch residents and community sponsors.

Our mission is to enrich Lakewood Ranch by fostering a sense of community and friendships through four main areas of focus:

- Community Events We host many of the large community events you've come to love such as BooFest, Tribute to Heroes Parade, Irish Celtic Festival, and New Year's Eve at Waterside Place, just to name a few.
- Community Groups and Clubs We help organize and promote over 60 community groups and clubs.
- Parks & Recreation Program We activate our community parks through this dynamic recreation program.
- Virtual Programming Our LWR 101: Resident Orientation is one of our signature programs, in addition to guided meditations, art lessons, and many more!

Thank you to our sponsors!









Supporting



















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ADULTS



FITNESS

BOLLY X | AGES 18+

Have fun while working out! This Bollywood-inspired dance-cardio class is perfect for all fitness levels and leaves participants smiling throughout the workout!

JAZZERCISE | AGES 18+

Jazzercise is a full-body, dance-cardio workout blending dance, kickboxing, pilates & strength training for all fitness abilities and ages, set to current music.

SILVER CIRCUIT | AGES 55+

A 55+ beginner to intermediate class. This class offers standing, low-impact exercises, alternating between upper and lower body movements, using body weight and resistance bands.

STRENGTH + MOBILITY + BALANCE | AGES 55+

Own your healthy lifestyle! This 60-minute class is designed for adults looking to build strength, increase mobility and target their balance.

YOGA IN THE PARK | AGES 18+

Join us every Sunday morning for gentle yoga paired with lake views, then walk across the bridge and shop at the weekly Lakewood Ranch Farmers' Market!

- Bob Gardner Community Park
- 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- (L) 10:00 am 11:00 am
- \$ Resident \$0 | Non Resident \$10
- Waterside Park
- Select Saturdays, 9/30, 10/28, 11/25, 12/30
- 4:00 pm 5:00 pm
- S Resident \$0 | Non Resident \$10
- **Summerfield Community Park**
- 1st Session: Mon, 9/11 10/16 2nd Session: Mon, 10/30 - 12/11
- (L) 8:00 am 9:00 am
- S Resident \$55 | Non Resident \$65
- Summerfield Community Park
- 1st Session: Wed, 9/27 11/1 2nd Session: Wed, 11/8 - 12/20
- (L) 8:00 am 9:00 am
- \$ Resident \$45 | Non Resident \$55
- **Q** Waterside Park
- Sundays, 9/10 12/17
- (L) 9:00 am 10:00 am
- S Resident \$0 | Non Resident \$10



YOGA WITH SOUND MEDITATION | AGES 18+

This gentle yoga flow invites movement, balance and mobility into your practice and includes a singing bowl meditation. All levels welcome.

- Bob Gardner Community Park
- i 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- (L) 9:00 am 10:00 am
- S Resident \$0 | Non Resident \$10

SPORTS & GAMES

BASKETBALL FOR ADULTS | AGES 18+

Grab a friend and join us for monthly pickup basketball games for adults.

BEGINNER VOLLEYBALL | AGES 18+

Come learn how to play volleyball! Our instructor will teach all participants the basics of hitting, scoring and positioning.

All skill levels welcome!

CASUAL CORNHOLE | AGES 18+

Meet new friends over a casual game of cornhole at Waterside Place - right next to Good Liquid Brewing!

FIELD BOCCE | AGES 18+

Come play field bocce with us at Waterside Place right after Casual Cornhole! No experience necessary.

INTERMEDIATE VOLLEYBALL | AGES 18+

Already have some volleyball skills? Join us for pickup games every third Sunday of the month!

INTRO TO DISC GOLF | AGES 18+

Find out how much fun disc golf can be while our friendly instructor teaches you the rules of the game and how to throw. Discs will be provided.

- **Q** Country Club Park
- Select Saturdays, 9/30, 10/28, 11/25, 12/30
- (L) 11:00 am 12:00 pm
- \$ Resident \$0 | Non Resident \$10
- Waterside Park
- 3rd Sundays, 9/17, 10/15, 11/19, 12/17
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$10
- Waterside Place
- Thursdays, 9/7 12/28
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$10
- **Q** Waterside Place
- Thursdays, 9/7 12/28
- (L) 11:00 am 12:00 pm
- S Resident \$0 | Non Resident \$10
- Waterside Park
- 3rd Sundays, 9/17, 10/15, 11/19, 12/17
- (L) 11:00 am 12:00 pm
- \$ Resident \$0 | Non Resident \$10
- **Park** Bob Gardner Community Park
- 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- (1) 10:00 am 11:00 am
- **\$** Resident \$0 | Non Resident \$10

INTRO TO GOLF | AGES 18+

Never played golf? Our skilled instructor will have you ready to hit the course in no time. Don't forget to wear sunscreen!

Q Legacy Golf Club

- Tuesdays, 8/22 9/26
- (L) 9:00 am 10:00 am
- S Resident \$75 | Non Resident \$85

INTRO TO PICKLEBALL | AGES 18+

Want to learn pickleball? The LWR Pickleball Club offers free clinics instructed by an IPTPA-certified instructor. Paddles available to try or purchase.

- **Q** Lakewood Ranch High School
- 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- (L) 8:30 am 10:00 am
- \$ Resident \$0 | Non Resident \$0

SUNSET VOLLEYBALL MEETUP | AGES 18+

Sunset Volleyball is a series of pickup volleyball games designed for volleyball players who are ready to jump in and play without instruction.

- Waterside Park
- Wednesdays, 9/6 12/27
- (L) 6:00 pm 7:00 pm
- \$ Resident \$0 | Non Resident \$10

TENNIS FOR ADULTS | AGES 18+

Come enjoy a casual match to learn new skills or sharpen your existing ones! All skill levels welcome.

- Summerfield Community Park
- Tuesdays, 9/5-12/26
- (L) 9:00 am 10:00 am
- \$ Resident \$0 | Non Resident \$10

VOLLEYBALL FOR SENIORS | AGES 55+

Meet us monthly for a volleyball class for ages 55+ at Country Club Park. No prior volleyball experience necessary!

- **Q** Country Club Park
- Select Saturdays, 9/30, 10/28, 11/25, 12/30
- 12:00 pm 1:00 pm
- \$ Resident \$0 | Non Resident \$10



HOBBIES & DANCE

INTRO TO DANCE | 18+

Join our local dance instructor partners as you learn fun and varying dance styles. Bring a partner or come on your own! No previous dance experience necessary.

Q Waterside Place

- iii 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- 4:00 pm 5:00 pm
- \$ Resident \$0 | Non Resident \$10

MOBILE PHONE PHOTOGRAPHY | 18+

Learn and practice the key photography composition techniques that will make your phone pictures look like they were taken by a professional, at James L. Patton Park.

- James Patton Community Park
- 3rd Saturdays, 9/16, 10/21, 11/18, 12/16
- (L) 9:00 am 10:00 am
- \$ Resident \$0 | Non Resident \$10

VEGETABLE GARDENING SERIES | AGES 18+

Learn tips and tricks to growing a beautiful vegetable garden in Florida. In this workshop, basic gardening will be taught, including variety selection, cultivation techniques and more!

- James Patton Community Park
- 3rd Wednesdays, 9/20, 10/18, 11/15 12/20
- (L) 11:00 am 12:00 pm
- \$ Resident \$0 | Non Resident \$10



KIDS + TEENS



ALL-IN YOUTH PLAY

BASKETBALL FOR KIDS | AGES 7-12

Join us at Country Club Park for pickup basketball games just for kids! No prior experience necessary.

CORNHOLE FOR KIDS | AGES 7-12

Cornhole doesn't have to be just for the parents! We will teach the kids how to throw, the rules, and then play a game.

PEEWEE SOCCER | AGES 3-5

Bring your little ones out for this introductory soccer program led by our park activities director.

VOLLEYBALL FOR KIDS | AGES 7-12

Kids will learn the basics of volleyball in a positive setting and then be split into two teams for a casual game.

- Country Club Park
- **Select Saturdays**, 9/30, 10/28, 11/25, 12/30
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$10
- Waterside Place
- **2nd Sundays**, 9/10, 10/8, 11/12, 12/10
- (L) 11:00 am 12:00 pm
- S Resident \$0 | Non Resident \$10
- Greenbrook Adventure Park
- Select Wednesdays, 9/27, 10/25, 11/22, 12/27
- (L) 9:00 am 10:00 am
- S Resident \$0 | Non Resident \$10
- Waterside Park
- ### 4th Sundays, 9/24, 10/22, 11/26
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$10

FOR THE Love OF THE GA

AT LAKEWOOD RANCH, WE'RE PUTTING THE "FUN" BACK INTO SPORTS WITH ALL-IN YOUTH PLAY

Sports are fun and should be kept that way! All-In Youth Play is an inclusive youth program that encourages a love for movement, play, skill-building and teamwork, with fun being the main goal regardless of skill level.







VOLLEYBALL FOR TEENS | AGES 13-19

Teens can join us for this volleyball program on the fourth Sunday of each month through November!

YOGA FOR KIDS | AGES 5-11

Join us for a mindful morning filled with movement! Yoga instructor Jessica will lead this yoga series designed just for kids. Yoga will be infused with music, storytelling and arts!

YOGA FOR TEENS | AGES 12+

Teens will be guided through a variety of postures and breathing exercises to keep them actively interested, engaged and challenged.

- Waterside Park
- ## 4th Sundays, 9/24, 10/22, 11/26
- (L) 11:00 am 12:00 pm
- **\$** Resident \$0 | Non Resident \$10
- Waterside Park
- **1st Sundays**, 9/3, 10/1, 11/5, 12/3
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$10
- Waterside Park
- iii 1st Sundays, 9/3, 10/1, 11/5, 12/3
- (L) 11:00 am 12:00 am
- \$ Resident \$0 | Non Resident \$10

LEARN & CREATE

BRACELET MAKING | AGES 5-12

Participants will get to choose beads to create their own one-of-a-kind gemstone bracelet.

ORNAMENT MAKING | ALL AGES

In our "Ornament Making" program, children will be provided supplies and direction to create their very own keepsake ornament!

- Bob Gardner Community Park
- Saturday, 9/23
- (L) 10:00 am 11:00 am
- \$ Resident \$10 | Non Resident \$20
- Summerfield Community Park
- Saturday, 12/16
- (1) 10:00 am 11:00 am
- \$ Resident \$10 | Non Resident \$20



FAMILY FRIENDLY



LEARN & CREATE

HANDS-ONLY CPR | AGES 12+

Hands-only CPR is done without mouth-to-mouth breaths. It's as effective as conventional CPR for cardiac arrest at home, work, or in public spaces.

LEARN TO FISH SATURDAYS | ALL AGES

Attendees will learn the art of casting, being a good angler and knot tying. There will be time for practice immediately after in beautiful Lake Patton.

MOBILE PLANT CLINIC | ALL AGES

Join Master Gardener volunteers for this informational plant clinic where you can get your questions answered regarding horticulture knowledge, landscaping, plants, and more!

NEWCOMER'S MEETUP | ALL AGES

Learn more about our community, parks, and events led by our Community Activities team! Visit mylwr.com for locations.

- Summerfield Community Park
- Select Saturdays, 9/9, 10/14, 11/11, 12/9
- (L) 10:00 am 11:00 am
- \$ Resident \$10 | Non Resident \$20
- James Patton Community Park
- **Select Saturdays**, 10/21, 12/16
- (L) 10:00 am 11:00 am
- \$ Resident \$0 | Non Resident \$10
- Bob Gardner Community Park
- 3rd Sundays, 9/17, 10/15, 11/19, 12/17
- 9:00 am 12:00 pm
- \$ Resident \$0 | Non Resident \$10
- **O** Different Locations
- Select Tuesdays, 9/26, 10/24, 11/28, 12/26
- (L) 10:00 am 11:00 am
- **\$** Resident \$0 | Non Resident \$0

THANKSGIVING CENTERPIECE | ALL AGES

Children and families will love creating their very own unique Thanksgiving centerpiece to use as a home decoration for years to come! Summerfield Community Park

Sunday, 11/19

(L) 10:00 am - 11:00 am

\$ Resident \$10 | Non Resident \$20

HOLIDAY WREATH MAKING | ALL AGES

Join us at Bob Gardner Community Park as our instructor guides you through creating a beautiful holiday wreath.

- **P** Bob Gardner Community Park
- Saturday, 12/9
- (L) 1:00 pm 2:00 pm
- S Resident \$10 | Non Resident \$20



More Than Meals... Meals on Wheels PLUS



Meals on Wheels PLUS of Manatee offers comprehensive services helping to end hunger and promote independent living in Manatee County. For over 50 years, we have provided nutrition and caring, supportive services through our **PLUS** programs: **Home-delivered Meals, The Food Bank of Manatee, Daybreak Adult Day Center, and Friendship Dining Centers.**









All donations stay local to serve local residents in Manatee County. Help us #FeedManatee! **Donate today!**

www. MealsOnWheelsPLUS.org

FITNESS & GAMES

BINGO FOR ALL | ALL AGES

Grab your favorite beverage and join us to play bingo in a relaxed, outdoor environment.

FAMILY KICKBALL | ALL AGES

Who says kickball is just for kids? Not us!

Bring the whole family out to kickball! Kids and parents can both partake in a fun pickup game of family kickball.

STROLLER STRIDES | ALL AGES

Bring your baby with you while you get a total-body workout! This class combines strength, cardio, and core training, all while engaging the little ones.

- **Summerfield Community Park**
- **Wednesdays**, 9/6 12/27
- (L) 10:00 am 11:00 am
- Resident \$5 | Non Resident \$15
- Bob Gardner Community Park
- iii 1st Saturdays, 9/2, 10/7, 11/4, 12/2
- (L) 9:00 am 10:00 am
- \$ Resident \$0 | Non Resident \$10
- Summerfield Community Park
- Saturday, 10/14
- (L) 9:00 am 10:00 am
- S Resident \$0 | Non Resident \$10

Inclusive Programming for Every Ability

Lakewood Ranch Community Activities offers programming for children, teens and adults that is inclusive and accessible to individuals with disabilities. Our goal is to provide valuable, safe, and fun experiences to people of all ages and abilities that attend LWRCA programs. Caregivers, family members and abled individuals are always welcome to attend!

VISIT MYLWR.COM TO REGISTER!



ALL ABILITY YOGA & CRAFTS | ALL AGES

Enjoy yoga and crafts for all abilities! Each participant will enjoy movement and creativity.

- Park Bob Gardner Community Park
- Sunday, 10/15
- (L) 10:00 am 11:00 am
- S Resident \$0 | Non Resident \$0







SPECIAL EVENTS





Q LAKEWOOD MAIN STREET **■** OCTOBER 27TH **□** 6:00 PM - 9:00 PM **\$** FREE

BooFest is officially back on Lakewood Main Street! Join us for family-friendly fun including entertainment, food and drink vendors, and more.

Have your children bring their trick-or-treat bags to collect the many treats that will be given out from our generous sponsors and merchants. Don't forget to dress up for our children's costume parade! Get ready to get spooky, you're bound to have a HOWLING good time!

This event is FREE to the public. For sponsorship opportunities or to be a vendor, email joanna@lwrca.org



The Lakewood Ranch Mindful Triathlon presented by Lakewood Ranch Medical Center is a community-wide, triathlon experience with a unique twist focused on health and wellness.

Unlike a traditional triathlon, the 'LWR Mindful Tri' will consist of a 5k run/walk, followed by yoga and meditation sessions.

Register at lwrmindfultri.com. For sponsorship opportunities or to be a vendor, email joanna@lwrca.org



WATERSIDE PLACE DECEMBER 31ST 6:00 PM - 12:00 AM FREE

Join us at the Waterside Place Plaza on December 31st from 6pm – midnight to ring in the New Year! DJ Truth will be spinning high energy tunes and food will be available to purchase from Waterside Place merchants.

Beverages will be available to purchase and enjoy from participating BITS program merchants.

This event is FREE to the public. For sponsorship opportunities or to be a vendor, email joanna@lwrca.org



♥ UTC MALL **■** JANUARY 13TH **□** 10:00 AM - 3:00 PM **\$** FREE

Join Lakewood Ranch Community Activities to kick off the new year with the "New Year, New You" Health & Wellness Expo!

This free event will feature many exhibitors including medical professionals, along with Fitness Instructors & Stage Demos, Insurance Agents, Veterinarians, Holistic Practices, Health Screenings, Product Samples & other Giveaways!

This event is FREE to the public. For sponsorship opportunities or to be a vendor, email joanna@lwrca.org



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VISIT THE MARKET TO LEARN MORE ABOUT OUR ORGANIC VEGETABLE BOXES AND COMMUNITY COMPOSTING PROGRAM





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TEANING COURTS

PICKLEBALL COURTS
TENNIS COURTS
PLAYGROUND / TOT LOT
INLINE SKATE PARK / HOCKEY
VOLLEYBALL COURTS
SPLASH PARK

RESTROOMS

PARKING

LWR COMMUNITY PARK AMENITIES																	
BOB GARDNER COMMUNITY PARK 2719 WHITE EAGLE BOULEVARD	•	•	•				•	•				•				•	•
BRADEN RIVER NATURE PARK LAKEWOOD RANGH BOULEVARD ACROSS FROM HIDDEN RIVER TRAIL					•		•									•	
COUNTRY CLUB/EDGEWATER PARK 8256 LEGACY BOULEVARD							•		•			•		•		•	
GREENBROOK ADVENTURE PARK 13010 ADVENTURE PIACE	•		•	•			•	•	•			•	•	•		•	•
HERON'S NEST NATURE PARK LOCATED SOUTH OF SUMMERFIELD LAKE OFF OF ADVENTURE PLACE			•		•		•									•	
JAMES L. PATTON PARK 5725 WHITE EAGLE BOULEVARD			•		•	•	•					•				•	•
ROGER HILL PARK LOCATED OFF OF WHITE EAGLE BOULEVARD			•				•										
SUMMERFIELD COMMUNITY PARK 6402 LAKEWOOD RANCH BOULEVARD							•	•	•	•	•	•		•		•	•
WATERSIDE PARK PORTIONS OF THE PARK ARE OPEN. LOCATED ADJACENT TO WATERSIDE PLACE				•			0					0		•	0	•	()

FOR PARK PAVILION RENTALS, DOG PARK MEMBERSHIPS, BIKING TRAIL MAPS AND ADDITIONAL INFORMATION, VISIT MYLWR.COM

COUNTY PARKS AT LAKEWOOD RANCH														
COUNTRY CLUB EAST PARK 15015 MASTERS AVENUE				•	•				•				•	•
GREENBROOK PARK 6655 GREENBROOK BOULEVARD				•	•				•				•	•
LAKEWOOD RANCH PARK 5350 LAKEWOOD RANCH BOULEVARD				•	•	•	•	•	•	•			•	•

FOR COUNTY PARK INFORMATION AND PAVILLION RENTALS, VISIT MYMANATEE.ORG

EXPLORE YOUR PARKS & TRAILS around The Ranch!





